



Minor Treatments

How easy is it for staff to get appointments with their GP out of office hours or to fit in with shift patterns?

Often, the need to see the GP is for a relatively simple procedure such as a blood pressure check, a dressing to a minor wound or removal of a few stitches, yet, the appointment can require a couple of hours of work. An onsite minor treatment service provides access to competent occupational health nurse advisers who can deal with a wide range of treatments in a confidential manner. If necessary, the OH nurse will report any findings or other essential information to the employee's GP, with the employee's full knowledge and consent.

What are the benefits?

- *Minimises time away from work.*
- *Simple easy access to competent health advice.*
- *Eliminates the hassle of travel and waiting in a busy GP's surgery.*
- *Increased staff moral in a caring working environment.*
- *Reduced sickness absence as minor ailments can be speedily treated.*

Other Benefits

Access to an independent occupational health professional at work can also allow employees an opportunity to discuss work related health concerns, which they may feel reluctant to raise with Line Management. Often, work related issues can be identified such as, upper limb disorder, stress and anxiety or muscular problems, which may relate to manual handling activities.

These can then be treated appropriately to minimise medium to long term problems. Only with the employees consent would individual cases be brought to management's attention. However, statistics can be compiled which can then be used in conjunction with workplace risk assessments to highlight work processes or environments that may need further investigation. **It has been shown that an onsite minor treatment service can reduce sickness absence by 3 days per employee per year!!!**

TRAINING SERVICES

Why provide training?

Everyone within your organisation has an obligation to look after their welfare and of those around them. A simple lack of understanding or awareness of the hazards present causes a staggering number of workplace incidents, many of which could have been easily avoided by a greater awareness of the working environment.

In the event of a problem arising, it could be anyone who has dealt with it and minimise the consequences. By training your workforce to the highest standards reasonably expected of them, you can be safe in the knowledge that each and every employee knows what is safest for them and your company.

Health and Safety

**What is the risk?
Why is this a hazard?
What can I do to make this safe?**

An introduction to health and safety in the workplace, providing a general background to the issues regulated by the [Health and Safety at Work Act 1974](#) etc. This knowledge is appropriate for anyone employed in any industry, everyone is affected by this act. The course also provides a taster of what may come, should you wish to study the NEBOSH certificate or beyond.

First Aid at Work

The first aid at work regulations give clear guidelines as to what cover is required for your site. The first aid at work certificate is endorsed by the Health and Safety Executive and is recognised as the standard to aim for in providing appropriate cover for your site. **First aid with WellWork covers all aspects of first aid within your workplace and where possible, looking deeper into the issues relating to your specific organisation.**

Specialist Training

Hand Arm Vibration
Noise
Asbestos
COSHH etc. etc.

May be more specialised, but are easily covered by WellWork Limited training. Regular courses and seminars are held throughout the year.

Manual Handling / Ergonomics: Few people at work can honestly say that they never lift or carry anything during their day. From hauling sacks of coal to re-loading the photocopier, everyone picks something up and puts it somewhere else. Learning appropriate techniques for manual handling and simple ergonomics can eliminate a great deal of serious problems in the future. WellWork can provide training and advice on everyday tasks, easing the load and burden from your employees, making everyone at work safer and smarter, with a lot less aches and pains...