



Occupational Health  
Making your workplace better

## Hand Arm Vibration Training

The control of **Vibration at Work Regulations 2005** came into force on the 6<sup>th</sup> July 2005, bringing with them new guidance from the HSE regarding health surveillance programmes for those workers exposed to Hand Transmitted Vibration (**HTV**), requiring increased skills and knowledge of Hand Arm Vibration Syndrome (**HAVS**) by occupational health practitioners at all levels.

### At WellWork Limited, we are offering:

2 and 3 day **Skills Training** courses relevant to level 1, 2 and 3 health surveillance assessments of HAVS, as recommended by the HSE, "A Tiered Approach to Health Surveillance".

### The purpose of the course:

To provide occupational health practitioners with the required skills and knowledge to carry out surveillance assessments for HAVS up to and including level 3 assessments, as recommended by the HSE's tiered approach to health surveillance.

To provide health and safety professionals with a broad knowledge base of HAVS and the management of workers exposed to hand transmitted vibration (HTV).

### We are offering a choice of:

A 2 day training course consisting of:

#### *Presentations*

- History of HAVS
- Workplace vibration exposure
- Legal aspects (employers liability)
- Epidemiology of HAVS
- Aetiology of the disease
- Signs and symptoms of HAVS
- Tiered approach to health surveillance for HAVS (levels 1 - 5)
- Standardised testing

#### *Workshops (will include)*

- History taking
- Griffin method of scoring vascular component of HAVS
- Using the Stockholm workshop scale for the staging of HAVS
- Level 3 assessment of tiered approach to health surveillance for HAVS

OR ALTERNATIVELY.....

A 3 day training course consisting of:

- Attendance at 2 day training course presentations and workshops
- Return day (within a six month time frame)
- Delegates will be required to complete a written assignment comprising of at least 3 comprehensive case studies of workers exposed to HTV and their management.
- Explanation and observation of standardised testing
- Presentation by delegate of completed assignment
- Presentation by delegate to consult OHP demonstrating and understanding of standardised testing, results and their relation to the staging of HAVS in the affected worker

The courses provided by WellWork Limited are aimed at occupational practitioners and health and safety professionals of varying levels and **no prior knowledge of hand transmitted vibration** and its affects is required by delegates wishing to attend.

On completion of the 2 day course, a certificate of attendance will be awarded. Those completing day 3 of the course will be awarded a certificate of completion showing higher level skill.

Course attendance can be included for PREP.

#### Contact and booking information:

Course Administrator Miss. Nicola Weatherley  
WellWork Limited  
Westbrooke House  
Allendale Road  
Hexham  
Northumberland  
NE46 2DE

Tel 01434 608444  
Fax 01434 608555  
Email [nicola.weatherley@wellwork.co.uk](mailto:nicola.weatherley@wellwork.co.uk)

Course Facilitator Mrs. Jean Bruce OHA (Holder of HAVS FOM competency certificate)

#### Dates and venues currently available:

13<sup>th</sup> & 14<sup>th</sup> November 2005 at WellWork Limited, HEXHAM, NORTHUMBERLAND

17<sup>th</sup> & 18<sup>th</sup> November 2005 at WellWork Limited GLASGOW

Please note that places to each course are limited to a maximum of 12 delegates.

#### Additional information:

Training courses can be provided on your own company premises if you require a number of delegates to attend. Please contact Nicola Weatherley (course administrator) for further details.